



# DECCAN Chronicle

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## OTA cadets get training on treating sudden cardiac arrest

DC CORRESPONDENT  
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As many as 500 cadets and 20 officials from the Officers' Training Academy (OTA) learnt the medical procedure for treating sudden cardiac arrests apart from snake bites and bleeding controls at an interactive session organised by **Survival Instincts**.

American Red Cross certified instructor Anoop Madhavan conducted the session.

In India, it is estimated that the annual incidence of sudden cardiac arrest is 0.55 per 1000 population and the survival rate is less than one per cent, because reaching the hospital on time or getting a well-equipped ambulance with-

in 10 minutes is difficult.

"By providing assistance through cardio pulmonary resuscitation (CPR) and defibrillation using an automated external defibrillator (AED), virtually anyone can save a life. This is an easily acquired skill, which can be effectively imparted to any person within a few hours by a certified trainer," Anoop said.