



Women of Chennai at workshop “Self-defense” in RCSC on 25.11.2013

On 25th November International day for the Elimination of violence against women in the Russian Centre of science and culture hosted the program “self-defense for women”, which includes a seminar and master class to train women in self-defense. The joint event was attended by representative of Rossotrudnichestva in India, Indo-Russian IT Association and the organization "survival instinct."

As guests of honor at the event was Deputy Head of Mission Rossotrudnichestva in India Mr.Mikhail Gorbatov, actress and director Ms.Lakshmy Ramakrishnan, vice-president of the Indo-Russian women's association Ms.Shobana Ramesh, director of the Women's College "M.O.P. Vaishnav" Professor Lalita Balakrishnan. Representatives of various IT companies also took part in the program: "Accenture", "Capgemini", "Caterpillar", "CSS Corp", "CTS", "HP Global", "Infosys", "L&T", "TAFE", "Verizon", and "Zeal".

"Survival instinct" is one of the most known organizations in the world, which has extensive experience in training in safety and emergency management. In Chennai, it has existed since 2012 during this time programs for various divisions of the Indian army and fleet and national military school on a survival in extreme conditions were already carried out, were training in first aid to the Indian Red Cross as well as seminars for leading educational institutions and corporate organizations in Chennai. The founder and the head of the "Survival Instinct" organization in Chennai is Mr.Anup Madhavan.

The program began with speeches of chief guests who were unanimous about the importance of this event and on need of training women the elementary ways of self-defense. Then active participants of this project were rewarded with diplomas.

And the main part of this event was the practice session, during which professionals from the Survival Instinct organization showed and trained women the basic principles of protection against especially cruel and dangerous criminals. Anoop Madhavan carried out a personal master class.

The event was covered by local television "Asian college of journalism", "P.Gouri Prasath", "Sun TV" and messages about the program were published in the newspapers "Dinakaran", "Times of India", "The Hindu", "Deccan Chronicle", "Prathar" and others.