

Awareness events on women's safety

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Students of GSS Jain college try out self defence tactics. The city celebrated International day for the elimination of violence against women on Monday. — DC

Chennai: As a part of international day for elimination of violence against women, several colleges and groups in the city spent the day creating awareness on the issue.

The Russian cultural centre, Indo-Russian IT Association and Survival Instincts had a workshop programme for college girls and IT professionals. Pavithra Nuthakki, training manager with Survival Instincts, says, “Women today are opening up to trying self-defence and there is a realisation that it can happen to anybody.”

Speaking on the recent incident of sexual harassment in the workplace, Sahe adds, “Women have to speak up for themselves.” The three-hour simulation programme was held on Monday at the Russian cultural centre.

Jayshri Ramesh, a college student who participated in the workshop, says, “The situation has changed a lot as awareness has seeped in. But patriarchal thinking remains yet to be changed completely in all its forms.”

“Social media has been a viable tool in spreading awareness. We put up posts on such issues and people respond with their views.”