

Workshop on Self defense for Women



The Self defence workshop for women was organized as a sequel to women's day celebration on 15th March 2013. The gathering was welcomed by Prof. D.Shathi Chellai, Head of the Department, ECE. Dr. G.Sankaranarayanan, Principal Sri Muthukumar Institute of Technology delivered the Inaugural address. The honorable chief guest Dr.Kalyani, Director, Meenakshi group of institutions, enlightened the crowd with her vision on women's active participation in every sphere of life. The theme of the workshop came into light only when Mr.Anoop Madhavan, lead trainer and founder of Survival Instincts, embarked the gathering on self defence with the help of demonstration by volunteers. He elucidated on the instantaneous measures that women must impose in critical situations such as harassment and violence against them. The workshop had an awe-Inspiring talk on women empowerment by Prof. S.Sangeetha, Head of MBA Department. Nearly 150 students from various departments and from other SB's showed their active participation in the events on the basis of their respective teams. Students encouraged their peers to participate in events such as 'Minute to win it', 'Addcraz' and 'Queen of the Quest' organized by the event coordinators Koteeswari, Hamsa of Third year ECE along with the team mates Shilpa, Aleena, Jayashree, and Padmapriya of Second year ECE. The workshop came to close with prize distribution.